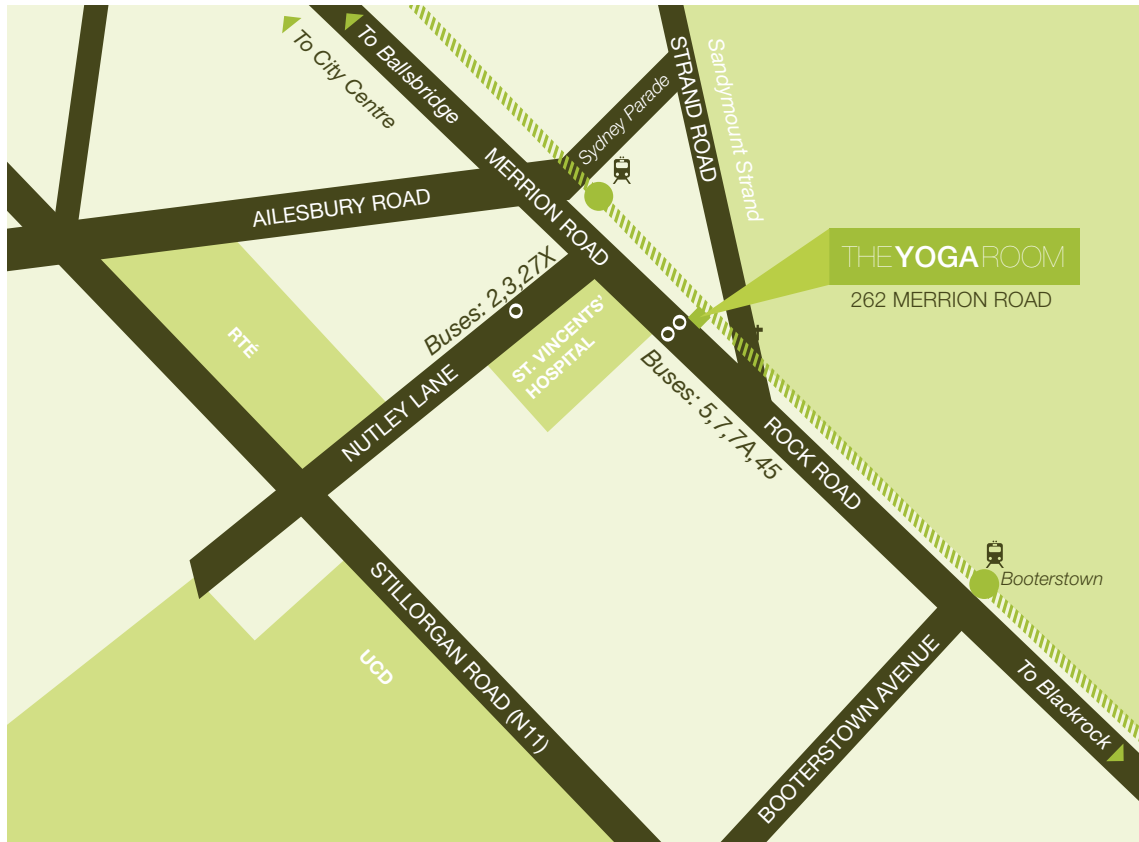


THE YOGA ROOM



The Yoga Room is conveniently located in Dublin 4, one mile south of Dublin's city centre.

BY CAR

From City Centre:

From Merrion Square, take the Merrion Road through Ballsbridge past Jury's Hotel on your left and the RDS on your right. Slow down when St Vincent's Hospital appears on your right. Opposite the Hospital parking is available in Merrion Road Church car. The Yoga Room is located at garden level of number 262 – the tenth red-brick house past the church.

From South Dublin:

Take the Rock Road, via Blackrock towards the Merrion Gates. The Yoga Room is at garden level of the fourth red-brick house on right after the Merrion Gates, number 262. Parking is available in Merrion Road Church, 50m further up on the left, opposite St. Vincent's Hospital.

BY DART

The closest Dart stop is Sydney Parade.

BY BUS

Bus routes 5, 7, 7a and 45 stop right outside The Yoga Room.

Bus routes 2, 3, 27x stop 150m away, on Nutley Lane beside St Vincent's Hospital.